

Hello, my name is:

My medical # is:

Thank you for taking the time to see me today.

**Before I go any further, I need to let you know that I have some mental health issues. They include:**

So if I appear anxious or forgetful or am acting a little strange, that's what's going on.

**WHY I AM HERE / SYMPTOMS**

**BACKGROUND / TIMELINE**

**MEDICATIONS I'M ON (INCLUDING VITAMINS, SUPPLEMENTS, HERBAL, AND OTHER REMEDIES)**

**RELEVANT CONDITIONS / FAMILY INFO**

**OTHER QUESTIONS I HAVE**

**DO I: DRINK? Y / N      SMOKE? Y / N      USE OTHER DRUGS? Y / N**

I encourage you to modify this document so that it better fits your needs. The original can be found at:  
<https://www.samplesizezero.com/healthcare-visit-template/>